

## A Valuable Team Member

Patti came to our team as a Senior Advisor for the group. She immediately got to know the other women on the team and quickly became our greatest cheerleader. To her, there was nothing we couldn't do as a team. She encouraged us to dream big dreams and then to work diligently toward them. When someone was struggling, she was the first to notice and assist. She enjoyed each triumph of each individual. It was easy to see why she was so sought after as a Senior Advisor.

But when I asked Patti about herself, she seemed to have a real crisis of confidence. On more than one occasion she told me that she didn't believe she had any real abilities or much to contribute to the team. Her goal was to "just show up."

After taking the StrengthFinder, she discovered her signature talents: Connectedness, Learner, Empathy, Positivity, and Developer. After discussing each talent, I asked her to start identifying how she already uses each talent in her Senior Advisor role. As a relationship builder, she began to see how she was strengthening each team she was on and that she did indeed contribute significantly. Over time, she began to purposefully use her talents—especially Positivity, Empathy, and Developer—to build the teams she was on. And just as importantly, she began to see herself as a valuable member of those teams.

Shellie Kelly

Gallup Faith Practice Strengths Performance Coach

Connectedness | Individualization | Relator | Achiever | Learner