

Talents as the Key to Overcoming

Megan is a young lady who was in her last year of college when I coached her through *Engage Your Strengths*. She was engaged to be married and was trying to figure out what her role would be as a future pastor's wife. She was not sure she had made the right decision in her schooling degree, in light of the latest developments in her life. When she received her results, and we walked her through them, it was one of the most satisfying experiences to witness. Her Clifton StrengthsFinder report revealed that her top talent themes included Developer, Restorative, Empathy, Adaptability, and Positivity. I asked her, "Do you enjoy working with people in a counseling setting?" I followed with, "Do you enjoy helping people find ways to improve on their lives and overcome problems?" She looked at me perplexed and went on to tell me that her major was counseling. She had always been drawn to helping others find victories in their lives as she had done in overcoming many things in hers. She told me that her father was a wounded veteran and that, of all his children, she was always the one he would lean on for help.

After graduation, her husband accepted a call to be a Youth Pastor in a church. It was most satisfying to her to see how she fit in her new role and how she too would have a ministry alongside him. The only difficulty was that they were moving to another part of the country far away from family. As we talked about it and she said, "It will be ok, we'll manage." I pointed out to her that her signature themes Adaptability and Positivity were really empowering her through this change.

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